



Prince's Trust

Team programme



**Boost your confidence with
TEAM at East Durham College**



Team programme

The Prince's Trust Team programme is a 12-week programme of personal development training which will be based at our Houghall Campus in Durham.

The Team programme re-engages young people, helping them to think about their futures.

Young people, aged 16 to 25, will become part of a team of about 15 people and will:

- Learn the importance of team work
- Spend a week in a residential activity centre
- Undertake special projects based in the local community
- Complete a work placement
- Participate in a team challenge involving caring for others
- Stage a team presentation
- Participants will also be given the opportunity to gain recognised qualifications
- Completely free and won't affect your Jobseeker's Allowance
- Free Bus Pass to get to college and home again
- Receive up to £10 per week bursary*

As part of the course, we also spend some time developing your interview and CV skills to ensure your confidence is sky-high for when taking the next step.

Please contact the Team Leader,
Michael Mather, on **07974 657 770**
or michael.mather@eastdurham.ac.uk
or call student services on **0191 518 2000**

eastdurham.ac.uk   

Houghall Campus, Houghall, Durham, Co. Durham, DH1 3SG

FACT:

Over 115,000 people have taken part since the programme was launched in 1990.

FACT:

Three out of four people on TEAM go on to a job or college courses within three months

FACT:

In a recent survey 90% of participants felt they could work more effectively with others in a team after completing the programme.



*Students aged 16 to 18, subject to household income.